



My  
Feelings  
are a  
Work  
of Art

*Clermont FAST TRAC and The EastGate Mall cordially invite you to visit our upcoming exhibit.*

## **My Feelings are a Work of Art Gallery**

September 21-24, 2015

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## **Opening Reception**

Tuesday, September 22, 2015 2 p.m.– 3:30 p.m.

*Light snacks and juice will be served.*

Each year in May, FAST TRAC, a system of care initiative of the Clermont County Mental Health & Recovery Board, celebrates Mental Health Month. In May 2015, FAST TRAC provided art supplies and support to raise awareness about the importance of mental health and to nurture the social and emotional well being of children during special days of "art action" called "My Feelings are a Work of Art." More than 800 children and youth and 200 adults involved with various agencies and schools across Clermont County participated in the national effort to use art to express feelings. This exhibit is a partnership between FAST TRAC and The EastGate Mall to highlight and showcase the impact of the "art action" and to raise awareness of children's mental health issues.

**The Art Gallery and Reception are free and open to the public.**

**Gallery Days & Hours:**

September 21-24, 2015

Mon.-Thurs. 12:00 p.m.- 6 p.m.

*The My Feelings are a Work of Art Gallery is located next to Sears and Willis Music in The EastGate Mall.*

